

## A Characterization of Compact Sets in $R^n$ and its Application to a Geometric Inequality<sup>0</sup>

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**Abstract.** In this paper, we show that curvature conditions on a manifold control the topology of plane sections of the manifolds and then characterize compact  $n$ -manifold with  $C^2$ -boundary in terms of the topology of plane sections. We make use of the characterization to obtain a new lower bound for the integral of mean curvature for a certain kind of compact  $n$ -manifolds with  $C^2$ -boundary in  $R^n$ .

**Keywords.** height function, Morse theory, positive type or negative critical point, double, kinematic density, quasi-convex hull.

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### 1 Introduction

Let  $M \subset R^{n+1}$  be a hypersurface of  $(n + 1)$ -dimensional Euclidean spaces. In a neighborhood of any point  $p$  of  $M$  there is a unit normal vector field  $\nu : M \rightarrow S^n \subset R^{n+1}$ , unique up to sign, and hence a second fundamental form  $II : T_p M \times T_p M \rightarrow R$  (which is defined up to sign). We also have the map  $d\nu : T_p M \rightarrow T_p M$  with

$$\begin{aligned} II(X_p, Y_p) &= \langle -d\nu(X_p), Y_p \rangle \\ &= -\langle \nabla_{X_p} \nu, Y_p \rangle \\ &= \langle \nabla_{X_p} Y, \nu(p) \rangle. \end{aligned}$$

But  $\langle \nabla_{X_p} Y, \nu(p) \rangle = \langle S(X_p, Y_p), \nu(p) \rangle$ , where  $S(X_p, Y_p) = \perp (\nabla_{X_p} Y)$ . Thus  $-d\nu : T_p M \rightarrow T_p M$  is a symmetric linear transformation. We define principal curvatures at  $p$  to be the eigenvalues corresponding to the unit eigenvectors for  $-d\nu$ . It is obvious that all the principal curvatures at any point on the compact convex  $C^2$ -boundary are nonnegative.

The well-known characterization of compact convex set by G. Aumann

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